

Culture Shock and Adapting to Life in Canada

Conversation Questions

1. Where did you live before immigrating to Canada?
2. What was that country like? Did you work or study there?
3. How long have you been in Canada?
4. What was your first impression of Canada?
5. What did you first think about Canada when you first decided to apply for immigration or immigrate?
6. How did you picture Canada when you first had that thought?
7. What was your impression when you arrived at the airport?
8. During which season of the year did you arrive to Canada? Did you enjoy the timing of your arrival? Why or why not?
9. Where did you first settle in Canada? What was your first impression of that town or city?
10. Do you feel like you're at home in Canada?
11. What were some of the biggest differences that stood out to you when you first started settling in Canada?
12. How did you find the values and beliefs in Canada compared to your previous country of residence?
13. What was the biggest challenge for you in adapting to life in Canada?
14. What was the least challenging aspect of adapting to life in Canada?
15. What are some of the things that you still, to this day, struggle to accept about life in Canada?
16. What do you enjoy the most about living in Canada?
17. What do you enjoy the least about living in Canada?
18. What is your most favorite Canadian food? Least favorite?
19. Do you have plans to move in the future? Where do you see yourself in 10 years?
20. Do you expect to face another culture shock at your next destination, or do you feel that you are now comfortable having gone through the process once already?